

TrendBurden V2.0, 2.1

2025

TrendBurden: Pulse Survey on Excessive Documentation Burden for Health Professionals!®

This survey, developed by the AMIA 25x5 Task Force, is a pivotal initiative aimed at **all Health Professionals engaged in direct patient care**, including MDs, RNs, PAs, NPs, PTs, OTs, and PharmDs and other **licensed and non-licensed** staff. Our primary goal is to capture perceptions of excessive documentation burden across various healthcare disciplines frequently (e.g., every six months) to trend changes over time.

Columbia University IRB-AAAT4200. View [IRB Approved Information Sheet](#).

A. Definitions:

- i. **Health Professionals** = licensed (e.g., MDs, RNs, PAs, NPs, PTs, OTs, and PharmDs) and non-licensed staff engaged in direct patient care
- ii. **Documentation** = encompasses all data review and data capture activities during patient care delivery

Section	Question_Number	Question_text	Question_Type	Answer_choices
Pulse	1	The amount of time and effort I spend documenting patient care is appropriate .	multiple choice	Strongly Disagree, Disagree, Neither Agree nor Disagree, Agree, Strongly Agree
Pulse	2	I finish work later than desired or need to do work at home because of excessive documentation tasks.	multiple choice	Strongly Disagree, Disagree, Neither Agree nor Disagree, Agree, Strongly Agree

Pulse	3	In the past 6 months, there has been a noticeable change in the time or effort or both needed for me to complete my documentation tasks.	multiple choice	Greatly Increased, Somewhat Increased, Unchanged, Somewhat Decreased, Greatly Decreased
Pulse	4	The effort or time required for me to complete documentation tasks impedes patient care .	multiple choice	Strongly Disagree, Disagree, Neither Agree nor Disagree, Agree, Strongly Agree
Pulse	5	I find it easy to document patient care using the electronic health record.	multiple choice	Strongly Disagree, Disagree, Neither Agree nor Disagree, Agree, Strongly Agree
Demographics	6	What is your age?	dropdown	18-24, 25-34, 35-44, 45-54, 55-64, 65+
Demographics	7	What is your gender?	dropdown	Male, Female, Non-binary/Third Gender, Prefer Not to Say, Prefer To Self-describe (Free Text Here)
Demographics	8	How many years of clinical experience do you have in total (not including as a student; for physicians, please include residency)?	dropdown	Less than 1 year, 1-2 years, 3-5 years, 6-10 years, 11-20 years, 21 years or more, N/A
Demographics	9	What are your clinical professional roles (i.e., roles for which you document patient care within the electronic health record)? (Check all that apply.)	checkboxes	Acupuncturist, Behavioral and Mental Health Specialist (e.g., Clinical Psychologist, Psychotherapist, Therapist), Care Management (i.e., caseworker, care manager), Chiropractor, Clinical Technician, Counselor (including mental health, substance use, youth/peer specialists), Dentist, Dietician, Medical Assistant, Nursing: Advanced Practice Registered Nurse (e.g., Nurse Practitioner, Clinical Nurse Specialist, Nurse Anesthetist), Nursing: K-12 School Nurse, Nursing: Licensed Practical Nurse/Licensed Vocational Nurse, Nursing: Nurse

				<p>Manager/Supervisor (Clinical Role), Nursing: Registered Nurse, Nursing/Patient Care Assistant, Occupational Therapist, Other Clinical Staff, Pharmacist (including Advanced Practice Pharmacist, Clinical Pharmacy Specialist), Physical Therapist, Physician Assistant, Physician/Surgeon, Radiologist, Respiratory Therapist, Social Worker (e.g., Licensed Social Worker, BSW, MSW)Speech and Language Pathologist, Student (any clinical trainee) Other Clinical Staff (please specify)</p>
Demographics	10	What are your other (non-clinical) professional roles, if applicable? (Check all that apply.)	Checkboxes	<p>Administrative (e.g., administrator, administrative assistant, front desk), CCIO/CIO, CMIO/CMO (including associate CMIO/CMO), CNIO/CNO (including associate CNIO/CNO), Consultant (e.g., non-clinical role), Educator (e.g., program/residency directors, academic faculty), Informatics (e.g., clinical informatician, physician and nurse informaticists, informatics specialist), Management (e.g., medical director, manager, nurse director (non-clinical)), Operations (e.g., program manager/specialist, quality), Researcher, Student/Trainee/Fellow (non-clinical), Other (please specify)</p>

Demographics	11	What is your primary clinical specialty area (if applicable)?	Dropdown	Addiction Medicine, Allergy and Immunology, Anesthesiology, Audiology, Cardiology, Critical Care & Intensive Care, Dentistry (including specialties e.g., Orthodontics, Endodontics), Dermatology, Emergency Medicine, Family Medicine, Laboratory, Lifestyle Medicine, Medical Genetics and Genomics, Medical – Surgical, Medicine – Hospitalist, Medicine - Primary Care, Medicine Subspecialties (e.g., Cardiology, Endocrinology, Oncology, Gastroenterology, etc.), Neurology, Nutrition, Obstetrics and Gynecology, Ophthalmology, Pain Medicine Pathology, Patient Access & Registration, Pediatrics—Hospitalist, Pediatrics—Primary Care, Pediatrics - (including specialties/sub-specialties (e.g., Neonatology, Critical Care), Pharmacy, [Physical Medicine and Rehabilitation, Physical Therapy, or Occupational Therapy], Preventive Medicine, Psychiatry & Behavioral Health (including Psychology and Substance Use), Public Health/Community Health, Radiation Oncology, Radiology (Diagnostic and Therapeutic) & Nuclear Medicine, Respiratory Therapy, Social Work, Speech & Language Pathology, Surgery (including specialties e.g.: Colorectal, Neurosurgery, Plastic, ENT, Orthopedic, Urology, Transplant & Perioperative Services), Other (please specify)
Demographics	12	What type of setting do you work in? (Check all that apply)	checkboxes	Academic medical center, Community-based organization, Private practice, Outpatient clinics, Inpatient/Hospital, Emergency department, Urgent care/Walk-in clinic, Nursing Home/Rehab/Long term care facility, Behavioral Health/Substance

				Use Treatment Center (including residential programs) K-12 School, Government funded center (e.g., VA, county hospital, FQHC), Correctional facility, Urban, Suburban, Rural, Telemedicine/Telehealth, Other (please specify)
Demographics	13	Where is your work currently located?	dropdown	Military (outside the U.S.), Alabama, Alaska, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, District of Columbia, Florida, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Puerto Rico, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, Wyoming, I do not reside in the United States
Demographics	14	If you are student, trainee or fellow, please select one of these adjacent fields.	dropdown	N/A Not a Student, Trainee or Fellow, Informatics, Medicine - MD, DO trainee (including medical student, resident, fellow), Mental Health/Counseling, Nursing (any role including LPN, RN, NP, CNS), Patient Care Technician or Assistant, Pharmacy, Physical, Occupational or Speech & Language Therapy, Physician Assistant, Psychology, Research, Respiratory Therapy, Social Work, Other (please specify)